

The Art and Science of Coaching: Using Wholeness for Transformation

Schedule of Activities

Saturday		
Time	Topic	Speaker
9:00-9:20	Welcome	Ruth Tongen
9:20-9:45	History of Coaching State of Coaching 2017 Development of the Wholeness Model	Dr. Linda Bark
9:45-10:45	Introduction to the Wholeness Model and Structures of Consciousness An overarching model that helps organize all the models and tools of coaching	Swami Ravi Rudra Bharati & Dr. Beck Ballentine
10:45-11:00	Break	
11:00-12:00	The Science of the Wholeness Model Spectrum EEGs and brain waves in each structure of consciousness and how the brain changes when integrated	Galen Ballentine
12:00-12:15	Summary	Ruth Tongen
12:15-1:15	Lunch in the Structures of Consciousness Debriefing the Experience	
1:15-2:00	The Structures of Consciousness (Ways of Being)	Dr. Linda Bark
2:00-3:05	Using the Ways of Being to Move Forward for Insight and Breakthroughs By applying the ways of being to a personal area of focus, they will learn how wholeness brings new/additional perspective	Dr. Linda Bark
3:05-3:20	Break	
3:20-4:00	The One-to-Ten of Change Gaining perspective on progress and ideas for transition	Dr. Linda Bark
4:00-4:15	Movement	
4:15-4:45	Why and How is Wholeness Important in Your Coaching? Personal exploration and expression of how wholeness will influence your practice and world	Dr. Linda Bark
4:45-5:30	Bringing Wholeness into the World	Swami Ravi Rudra Bharati & Dr. Beck Ballentine
5:30-5:45	Summary of the Day	Ruth Tongen
5:45-6:00	Reception	
6:00-7:00	Dinner and Connecting	
7:00-8:00	Singing Bowls Performance and Healing Experience	Rahbi Crawford
Sunday		
9:00-9:15	Welcome and Check-Ins	Ruth Tongen
9:15-11:00	Wholeness Coaching in Action Coaches who are working in a wide variety of venues and ways will present what they are doing and how they are living their dream	Coach Presenters
11:00-11:15	Break	
11:15-12:20	Using What We've Learned to Change the World	Group
12:20-12:45	Closing Ritual	Swami Ravi Rudra Bharati and Dr. Beck Ballentine
12:45-1:00	Closing the Conference	Dr. Linda Bark
2:00- 6:00	Core Competency Course begins	Dr. Linda Bark