

Sanctuarium: Travel, Lodging, and Parking

15 Spring Cove Road, Asheville, NC



If you are Flying – Flights to Charlotte NC (CLT Douglas Airport) are plentiful with a 2 hour drive to Asheville or a 1 hour flight to Asheville Municipal airport.

Where to stay –

Our Faculty, WOW Alumni, and Nurse Coach, Karen Sanders is offering **3 spots at her beautiful VBRO/AirBnB located a few minutes' drive from Sanctuarium for only 50.00 /person!** Click here for photos <https://www.vrbo.com/803227>. If you are interested in reserving or learning more, please **contact Karen directly** at 828-778-8882 or kcsanderella@gmail.com.

Hotels/Motels are plentiful in Downtown Asheville. Pricing and location information is based on google maps info. Here is a small selection, from nearest to farthest. We have no experience with service or quality of these hotels.

1. The Four Points by Sheraton - \$91.00
2. Renaissance Asheville Hotel - \$149.00
3. Hotel Indigo Asheville Downtown - \$129.00
4. Holiday Inn Hotel & Suite - \$85.00

Parking – Neighborhood parking is available at Sanctuarium.

Restaurants - There are many restaurants in Downtown Asheville, but here are several near Sanctuarium and the downtown hotels.

Along Merrimon Ave/ I-25

1. Subway sandwiches
2. Vinnies Neighborhood Italian
3. Wendy's
4. HomeGrown – Farm-to-table comfort food
5. Luella's Bar-b-que
6. Plant – Organic, vegan
7. Ambrosia Bar & Bistro– higher end but offer a pub with a cheaper menu
8. Avenue M – Casual farm to table
9. Edna's coffee – Coffee, Pastries, Salads

Downtown

1. Mela Indian – Tandoori and lunch buffet
2. Bouchon – Farm to table French street food
3. Rhubarb – Chic seasonal with Sunday supper
4. Posano's – Farm to table, gluten free options, and patio
5. Mellow Mushroom – Stone-baked pizza
6. Bartaco Biltmore – Taco's and fun outdoor eating area

Groceries – There are several natural local grocery stores in the Asheville area if you have time to wander around. Here are a few larger markets near or on the way to Sanctuarium.

1. Ingles Markets
2. Trader Joes and Green Life (near to each other and Sanctuarium)
3. Whole Foods